

MEMBER 2 MENTORSHIP



Join now



Start here

HELP



- EMPLOYMENT
- EDUCATION
- SOCIALIZATION
- FINANCIAL
- HOUSING
- TRANSPORTATION
- SOBRIETY
- HEALTH & WELLNESS

A mutually beneficial peer partnership. A program designed to delegate full attention, dedication, and succession to its participants.

MEMBER 2 MENTORSHIP

Start here

MATCH IN MAKING

**IDENTIFYING KNOWLEDGE
& UNDERSTANDING NEEDS**

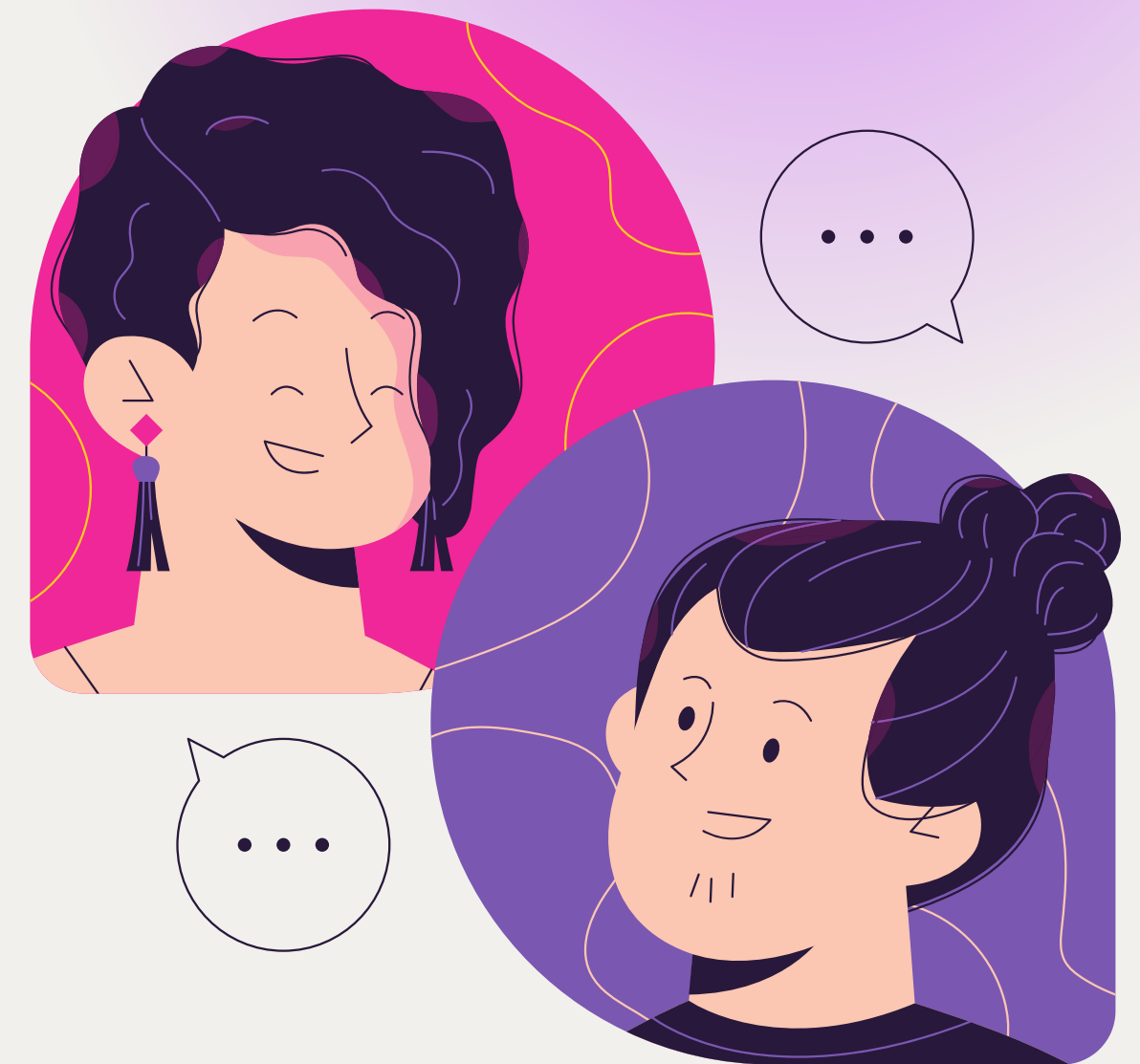


JOIN NOW



MEMBER 2 MENTORSHIP

WELCOME TO CALIFORNIA CLUBHOUSE'S NEWEST EDITION! OUR NEW MEMBER 2 MENTORSHIP PROGRAM IS DESIGNED TO CREATE PEER PARTNERSHIPS WITHIN OUR ORGANIZATION TO FURTHER THE BENEFIT OF OUR SERVICES FOR EACH MEMBER'S UNIQUE PATH TO RECOVERY. THE PEER MODEL ALLOWS US TO MAXIMIZE THE WAY WE UTILIZE OUR MEMBER'S STRENGTHS AND DEFEAT THEIR CHALLENGES. MENTORS WILL ASSIST WITH ACCESSIBILITY AND ADVOCACY FOR RESOURCES, EMPLOYMENT & EDUCATION OPPORTUNITIES, AS WELL AS FINANCES AND SOBRIETY SUPPORT. VETERAN MEMBERS, AS WELL AS MEMBERS WITH CERTAIN PROFICIENT SKILL SETS, WILL BE PAIRED WITH A CAREFULLY SELECTED NEWER MEMBER, OR MEMBER IN NEED OF EXTRA SUPPORT, AND THE TWO WILL FOLLOW A MODEL CUSTOMIZED TO GUIDE THE SUPPORTER WITH TOOLS AND DIRECTIONS TO MENTOR THEIR PEER PARTNER TOWARDS A ROAD OF HOPE, DIGNITY, & RECOVERY.





Contacting the community

1. Work together and construct a list of 20+ members within our organization, with availability to participate in 1-2, 1 hr., weekly Mentorship meetings.
 - a. Select members from both units
 - b. Select 10 members in mind to invite to participate and receive peer mentoring services
 - c. Select 10 members (from both units) that come to mind as potential mentors
- Next
2. Select: members who attend regularly, have noteworthy leadership skills, and display confidence when completing daily WOD tasks at the Clubhouse, and anyone else you feel may fit this role.

METHODS TO MATCHMAKING

the matchmaking begins!

Some things to consider:

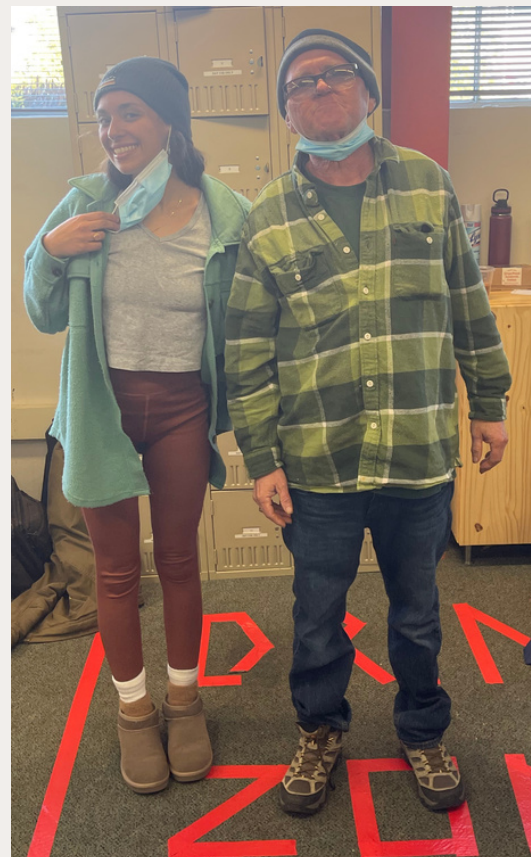
1. What is our method of matching members & mentors
2. What qualities (similar or opposite) could help determine a good match for a member & mentor?
3. How independent is the decision making?
 - a. Does the community weigh in vote?
 - b. Do members chose would they'd like to propose partnership to?
 - c. What is an appropriate amount of time between the proposal and decision of acceptance or rejection?
4. How long are the partnerships designed to last?
5. what conflict resolution & prevention tools exist to help ensure retention and peace with the newly formed relationships?
6. Is correspondence and communication monitored by anyone other than the peers in partnership?

MATCHMAKING:

MEMBER 2 MENTORS

MAKING MENTORING MATERIALS

- Consider what a mentor might need to assist their peer with accessing or advocating. Start with creating some introductory tools and forms to give your member & mentor a starting point;
- Ready Set Resource! (need to create):
- a. Help with Housing
 - b. encouraging employment
 - c. trials with transportation
 - d. figuring out financials
- ^* q/a Form designed to further customize your search for specific resources catered to the mentee's desires and needs.
- 2. Help me help you handout
 - 1st Worksheet: helps introduce partnership and includes questions designed to build peer profile with clear areas of needs and strengths defined



MENTORSHIP MATERIALS & METHODS

Handout for Help

WORKSHEET 1

The first Member 2 Mentor material that will be used, is titled *Handout For Help*. The participating mentor will utilize the worksheet to guide them in gaining necessary information from their mentee, that will be used to develop a path of hope, dignity, & recovery specialized to their peer's desires and needs. Questions designed to pull knowledge on the peer's strengths & weaknesses, employment experience, educational background, and current areas in need of extra support are listed throughout the worksheet for the mentor to go over with their mentee. The worksheet, once complete, should assist the peers with where and how to begin creating the foundation to their plan of action to support their peer.

Ready Set Resource...!

WORKSHEET 2

Once the member and mentor have been introduced, spent some time getting to know one another, and have completed the first worksheet, the mentor now has ample information on their peer in terms of their areas of need and some insight on how to begin catering a plan of action for their recovery. It's often resources are the first area of need for the mentee. If your intention as a mentor is to support your partner, ensuring your peer has access to basic life necessities is a great first step to take. Our fearless Clubhouse captains have spent much time and energy in orchestrating a series of forms used to customize a member's search for resources. The questions, when answered, emphasize the needs and limits while also leaving room for their desired preferences, to further the direction of their research for resources.

MEMBER 2 MENTOR MILESTONE MOVEMENT

WORKSHEET 3

The 3rd Member 2 Mentor worksheet is designed to act as a check-in tool. Mentors have a list of questions they may ask their peer that will further highlight additional needs of the mentee, compare and contrast what methods of mentorship are preferred, and the progress in accomplishing the timeline goals created. In the case the partnership is not a beneficial match for both parties, this is a great time to make changes to the partnered mentorships if needed.

Specialized Supported Search

NOW THAT OUR MEMBER AND MENTORS HAVE BEEN MATCHED, THE STEPS TO CREATING A CUSTOMIZED PLAN OF ACTION TOWARDS DEVELOPING AND ACCOMPLISHING THE MEMBER'S SMART GOALS CAN BEGIN. MENTORS WILL UTILIZE THE MEMBER 2 MENTORSHIP MATERIALS TO ASSIST IN BRAINSTORMING HOW THEY CAN BEST SUPPORT THEIR PEER. THE FIRST INTERACTIVE WORKSHEET WILL ALLOW A GENERAL OVERVIEW OF POSSIBLE OPPORTUNITIES FOR THE MEMBER TO TAKE ADVANTAGE OF WITH THE HELP OF THEIR MENTOR. THIS WORKSHEET WILL ALSO HELP EMPHASIZE WHAT STARTING POINTS WOULD BE MOST BENEFICIAL FOR THE INDIVIDUALS IN THE PARTNERSHIP.



THE FOLLOWING STANDARDS DEVELOPED BY CLUBHOUSE INT. SUPPORT THE MISSION AND METHODS USED TO CREATE AND CUSTOMIZE THE MEMBER 2 MENTOR MODEL.

- STANDARD 23: "THE CLUBHOUSE OFFERS ITS OWN SUPPORTED AND INDEPENDENT EMPLOYMENT PROGRAMS TO ASSIST MEMBERS TO SECURE, SUSTAIN, AND BETTER THEIR EMPLOYMENT."
- STANDARD 25: THE CLUBHOUSE ASSISTS MEMBERS TO REACH THEIR VOCATIONAL AND EDUCATIONAL GOALS BY HELPING THEM TAKE ADVANTAGE OF EDUCATIONAL OPPORTUNITIES IN THE COMMUNITY.
- STANDARD 27: COMMUNITY SUPPORT SERVICES ARE PROVIDED BY MEMBERS AND STAFF OF THE CLUBHOUSE. COMMUNITY SUPPORT ACTIVITIES ARE CENTERED IN THE WORK UNIT STRUCTURE OF THE CLUBHOUSE. THEY INCLUDE HELP WITH ENTITLEMENTS, HOUSING AND ADVOCACY, PROMOTING HEALTHY LIFESTYLES, AS WELL AS ASSISTANCE IN ACCESSING QUALITY MEDICAL, PSYCHOLOGICAL, PHARMALOGICAL AND SUBSTANCE ABUSE SERVICES IN THE COMMUNITY.

SUPPORTING EACH OTHERS VOCATIONAL & EDUCATIONAL GOALS

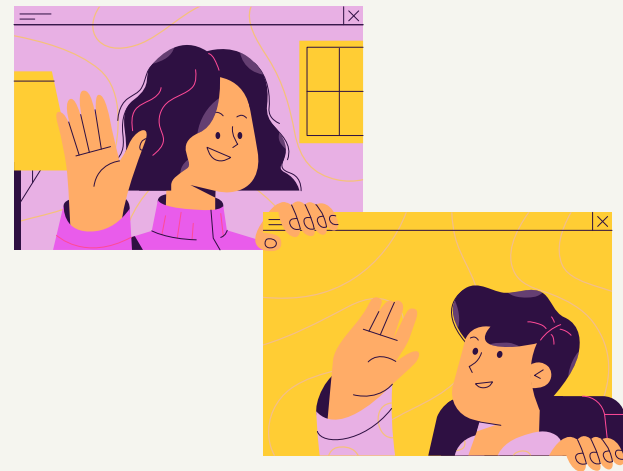
SUPPORTING INDIVIDUAL NEEDS BY APPLYING COMMUNITY SUPPORT

APPLYING LIVED EXPERIENCES TO SUPPORTING PEER'S RECOVERY

ON-GOING SUPPORT & ADVOCACY FROM PEER-TO-PEER TO MAXIMIZE SUCCESS IN LONG TERM RECOVERY/REHABILITATION



In-person friendship



What we want to solve

Presentations are communication tools that can be used as demonstrations, lectures, speeches, reports, and more.

Hypothesis

Start with an outline of topics and identify highlights, which can be applied to whatever subject you plan on discussing.

SMART GOALS



STARTING STEPS TO SUCCESS: MEMBER 2 MENTORSHIP METHODS

S	SPECIFIC	<p>A. What exactly do you want to accomplish?</p> <p>B. Who is involved or responsible & what factors exist?</p> <p>C. Where? When? How much cost?</p> <p>D. Why is this goal important? What other aspects of your life will accomplishing this goal improve?</p>
M	MEASURABLE	<p>A. How will you track progress? What is "progress" in relation to this goal?</p> <p>B. What are the key performance indicators?</p> <p>C. How will you know when the goal is accomplished?</p> <p>D. If you could grade your efforts to achieve this, would your grading scale be a pass or fail or would there be a way to grade the quality of your efforts?</p>
A	ACHIEVABLE	<p>A. Determine how realistic the goal you set is to achieve? Consider factors in your favor, what resources you have, what resources you don't have, and any challenges that immediately come to mind.</p> <p>B. What steps or actions will you take to reach the goal?</p> <p>C. How will you track your progress and ensure a calculated timeline</p> <p>D. Do you have the necessary skills and support?</p>
R	RELEVANT	<p>A. Does this goal align with future career and Edu. objectives?</p> <p>B. Will it contribute to your long-term success and growth?</p> <p>C. Is now the right time to pursue this goal?</p> <p>D. How long will it take for progress towards this to be seen?</p>
T	TIME-BOUND	<p>A. When will you start working on the goal?</p> <p>B. What is the target completion date?</p> <p>C. Are there any milestones or checkpoints along the way?</p> <p>D. Once achieved, is this goal followed-up with additional steps to success?</p>

Steps to SMART Success: To Do with Mentor

Steps to SMART Success: Available thru Clubhouse

SMART GOALS



STARTING STEPS TO SUCCESS: MEMBER 2 MENTORSHIP METHODS

S	SPECIFIC	<p>A.</p> <p>B.</p> <p>C.</p> <p>D.</p>
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